

COMEDONAL ACNE

Peel : Easy TCA®

Daily care : Purifying cream® - Purigel®

Comedone extraction : : Remove the comedones with a comedone extractor.

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Should all the comedones be removed? The doctor will judge whether he or she prefers to

- remove all the comedones before the first of the 4 Easy TCA®
- remove some of the comedones before each Easy TCA®



Applying Easy TCA® solution

Immediately after extracting the comedones, apply the Easy TCA® solution on the whole face and leave to dry completely before applying any more coats until scattered pinpoint frosting is achieved (or, at the most, localized cloudy-white frosting). For more details, see *

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What happens when the acid penetrates through the openings left by the extracted comedones? Easy TCA® solution disinfects them. There have been no reported adverse effects from this increased penetration. On the contrary, it provides the “deep pixelated stimulation” that some modern laser treatments lay claim to.

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The irritation resulting from handling the comedones can cause the Easy TCA® solution to penetrate more deeply and cause cloudy-white frosting instead of pinpoint frosting: to limit the cloudy frosting

- Squeeze out the cotton buds properly before apply the Easy TCA® solution
- Leave each coat of Easy TCA® solution to dry out completely before applying any further coats.



Avant traitement



Extraction comédons et Easy TCA

Applying the Post Peel Mask cream

The ingredients of the Easy TCA® post-peel mask stimulate skin regeneration and reduce the risk of side effects thanks to their anti-inflammatory and antioxidant action. They work directly and specifically on acne. For more information on the post-peel mask, see *

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Immediate post-peel care?

Do not wash the skin until the following morning to allow the active ingredients in the post-peel mask and the peel solution to work. After Easy TCA® the skin should not be neutralized or washed.

Repeat the peel 4 times at weekly intervals

Repeating the peels in the proper manner ensures good results and reduces the risk of complications.

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The doctor decides on the interval between peels depending on the condition of the skin.
Minimum time between 2 peels: 5 days (less than 5 days: there is a danger the peel might be too deep)
Maximum time between 2 peels: 15 days (more than 15 days: less satisfactory results)

Care between and after peels to boost results

Start the morning of the 1st day after the 1st Easy TCA®, continue for 1 month after the 4th Easy TCA®.

- Wash the skin morning and evening with Skin Tech® Cleanser.
- In the morning, apply **Purifying Cream®** on the whole face.
- In the evening, apply **Purifying Cream®** on the comedonal areas only.
- Use sun protection

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Needed Sun Protection = Melablock HSP® 50+ or 25+ (Skin Tech)

Stable sunscreens that absorb 96% of UVA + UVB with induction of endogenous synthesis of Heat Shock Proteins: protection against heat damage.

MAINTENANCE TREATMENT

- Wash the skin with Skin Tech Cleanser®
- Cleanse the skin once a month
- Repeat 4 Easy TCA® once a year.
- Apply Purigel® once or twice a day to maintain results and reduce seborrhea..

PROBLEM-SOLVING

- **Temporary aggravation of the acne.**
put the patient on oral antibiotics and continue with the peels.
Antibiotics commonly used: Oxytetracycline (500mg/d); Doxycycline or Minocycline (100-200mg/d); Erythromycin (500 mg 2x/d)
- **Recurrence:** keep up the maintenance treatment, repeat another 4 Easy TCA® or switch to Roaccutane®.
- **Difficulty extracting comedones:** extract them before the next Easy TCA®. "Open" them with the point of a N° 11 scalpel.
- **Too many comedones:**
remove them gradually, before each Easy TCA®.
- **The patient is on Isotretinoin:**
do not go beyond pinpoint frosting.
- **The patient is on AHAs, Retinoin, topical Benzoyl Peroxide.**
There is a risk of increased penetration, be careful how much Easy TCA® you use: do not go beyond pinpoint frosting.
- **Ineffectiveness:** the results should show after the first few peels. If this is not the case, draw up an aetiological diagnosis and suitable treatment: antibiotics, hormone therapy (cyproterone acetate), Roaccutane®, or a combination of treatments.
- **The patient doesn't want any flaking:** use Easy Phytic® instead of Easy TCA®.

PURIFYING® CREAM

Daily care cream for using between peels

Glycolic acid (8%): softens the skin – prevents pores clogging – stimulates epidermal turnover – pH 4

Retinol: tretinoin precursor, drains the pilosebaceous units

Vitamin E: tocopheryl acetate: anti-free radical, breaks the vicious cycle of oxidation-inflammation

Glycyrrhetic acid: hydrating, antipruritic, anti-allergic

Triclosan: antiseptic, antiinflammatory, antimycotic

Tea tree oil: extract of an Australian shrub, as effective as benzoyl peroxide but without the pro-oxidant effect.

Antibacterial, antiviral, antimycotic, anti-inflammatory

PURIGEL®

Non-oily gel: long-term care after peels

S-containing acids mixture: reduce the production of sebum

Burdock extracts: direct anti acne action, antiseptic, antiinflammatory, keratolytic

Salicylic acid: direct anti-acne action, avoids pore occlusion

Triclosan: antiseptic, antiinflammatory, antimycotic

Menthol and Camphor: leaves the skin feeling fresh



Easy TCA® Kit



Purifying cream®



Cleanser

* For more details, see the Skin Tech reference manual (The White Book) or www.skintech.info