



Microcystic acne

Open and drain the microcysts:

Tip of a N° 11 scalpel

Nb : Should all the microcysts be opened? The doctor will judge if he or she prefers to:

- open all the microcysts before the first of the 4 Easy TCA®
- extract some of the microcysts before each Easy TCA®

Apply the Easy TCA® solution on the whole face

Immediately after opening the microcysts, apply the Easy TCA® solution on the whole face and leave it to dry completely before applying any more coats until pinpoint frosting (or, at the most, localized cloudy frosting) is achieved. For more details, see *

Nb : What happens when the Easy TCA® solution penetrates the openings left by the drained microcysts? Easy TCA® solution disinfects them. Easy TCA® solution may penetrate inside the drained microcysts and cause more intense local frosting. This is quite safe and provides "deep pixelated stimulation".

To limit this penetration:

- Squeeze the cotton buds out properly before applying Easy TCA®
- Leave each coat of Easy TCA® solution to dry completely before applying any more coats.

Applying the Post Peel Mask cream

The ingredients of the Easy TCA® post-peel mask stimulate skin regeneration and reduce the risk of side effects thanks to their anti-inflammatory and antioxidant action. They work directly and specifically on the acne.

For more information on the post-peel mask, see *

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Immediate post-peel care ?

Do not wash the skin until the following morning to allow the active ingredients in the post-peel mask and the peel solution to work. The skin does not need neutralizing or cleansing after Easy TCA®

Repeat the peels: 4 Easy TCA® at weekly intervals

The doctor decides how long an interval to leave between peels depending on the condition of the skin.

Minimum time between 2 peels: 5 days (less than 5 days – danger the peel will be too deep)

Maximum time between 2 peels: 15 days (more than 15 – less satisfactory results)

Care between peels

Start the morning of the first day after the first Easy TCA®, continue for 1 month after the 4th Easy TCA®.

- Wash the skin morning and evening with Skin Tech's Cleanser®
- In the morning, apply the Purifying Cream® on the whole face
- In the evening, apply the Purifying Cream® on the comedonal areas only
- Protect the skin from the sun

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Recommended sun protection = Melablock HSP® 25+ or 50+ (Skin Tech)

Stable sunscreens that absorb 96% of UVA + UVB with induction of endogenous synthesis of Heat Shock Proteins: protection against heat damage.

MAINTENANCE TRAITEMENT

- Wash the skin with Skin Tech Cleanser®
- Cleanse the skin once a month
- Repeat 4 Easy TCA® once a year
- Apply Purigel® once or twice a day to maintain results and reduce seborrhea.

PROBLEM-SOLVING

- **Temporary aggravation of the acne:**
put the patient on oral antibiotics and continue with he peels.
Antibiotics commonly used: Oxytetracycline (500mg/d); Doxycycline or Minocycline (100-200mg/d); Erythromycin (500 mg 2x/d)
- **Recurrence:** keep up the maintenance treatment, repeat another 4 Easy TCA® or switch to Roaccutane®.
- **Difficulty extracting microcysts:** extract them before the next Easy TCA®.
- **Too many microcysts:** remove them gradually, before each Easy TCA®.
- **The patient is on Isotretinoin:** do not go beyond pinpoint frosting.
- **The patient is on AHAs, Tretinoin, topical Benzoyl Peroxide:** there is a risk of increased penetration, be careful how much Easy TCA® you use: do not go beyond pinpoint frosting.
- **Ineffectiveness:** the results should show after the first few peels. If this is not the case, draw up an aetiological diagnosis and suitable treatment: antibiotics, hormone therapy (cyproterone acetate), Roaccutane®, or a combination of treatments.

PURIFYING® CREAM

Daily care cream for using between peels

Glycolic acid (8%): softens the skin – prevents pores clogging – stimulates epidermal turnover – pH 4
Retinol: tretinoin precursor, drains the pilosebaceous units
Vitamin E: tocopheryl acetate: anti-free radical, breaks the vicious cycle of oxidation-inflammation
Glycyrrhetic acid: hydrating, antipruritic, anti-allergic
Triclosan: antiseptic, antiinflammatory, antimycotic
Tea tree oil: extract of an Australian shrub, as effective as benzoyl peroxide but without the pro-oxidant effect.
Antibacterial, antiviral, antimycotic, anti-inflammatory

PURIGEL®

Non-oily gel: long-term care after peels

S-containing acids mixture: reduce the production of sebum
Burdock extracts: direct anti acne action, antiseptic, antiinflammatory, keratolytic
Salicylic acid: direct anti-acne action, avoids pore occlusion
Triclosan: antiseptic, antiinflammatory, antimycotic
Menthol and Camphor: leaves the skin feeling fresh



Easy TCA® kit



Cleanser



Purifying® cream

* For more details, see the Skin Tech reference manual (The White Book) or go to www.skintech.info