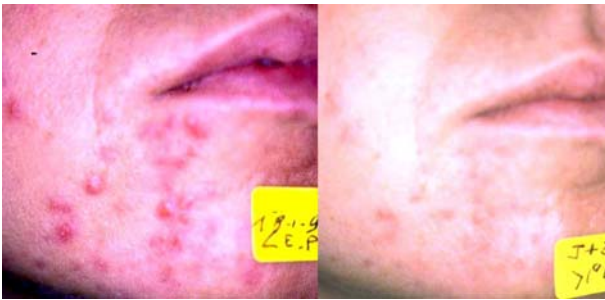


PAPULO PUSTULAR ACNE

Peel : Easy TCA®

Daily care : Purifying® cream - Purigel®



Extract comedones, open cysts and whiteheads (comedone extractor, N° 11 scalpel)

Nb Should all the comedones be extracted, all the cysts and whiteheads opened?

The doctor will judge if he or she prefers to

- "Clean" the skin completely before the first of the 4 Easy TCA®
- "Clean" the skin partially before each of the 4 Easy TCA®



Apply the Easy TCA® solution on the whole face

Immediately after cleansing the skin, apply the Easy TCA® solution on the whole face and leave to dry completely before applying any further coats until pinpoint frosting (or, at the most, localized cloudy frosting) is achieved.

Nb: The Easy TCA® solution penetrates more deeply in the inflamed lesions where the distension caused by the edema increases the permeability of the stratum corneum.

If you want to limit this penetration:

- Squeeze the cotton buds out properly before applying the Easy TCA® solution.
- Leave each coat of Easy TCA® solution to dry completely before applying any further coats.

For more details, see *

Apply Easy TCA® post-peel cream on the whole face. Do not wash the skin before the following morning.

The ingredients of the Easy TCA® post-peel mask stimulate skin regeneration and reduce the risk of side effects thanks to their anti-inflammatory and antioxidant action. They work directly and specifically on the acne.

For more information on the post-peel mask, see *

Care between and after peels

Start home care the morning of the first day after the first ETCA and continue for 6 weeks (minimum) after the 4th ETCA.

- Wash the skin morning and evening with Skin Tech® Cleanser.
- In the morning, apply **Purifying Cream®** on the whole face. (or Purigel if the patients feels more comfortable with it)
- In the evening, apply **Purifying Cream®** on the comedonal areas only. (or Purigel if the patients feels more comfortable with it)
- Use sun protection.
- The doctor decides whether it is necessary to use any medical treatment, oral antibiotics, Roaccutane, etc.

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Recommended sun protection = Melablock HSP 50+ or 25+ (Skin Tech)

Stable sunscreens that absorb 96% of UVA + UVB with induction of endogenous synthesis of Heat Shock Proteins: protection against heat damage.

Repeating the peels: 4 times at weekly intervals

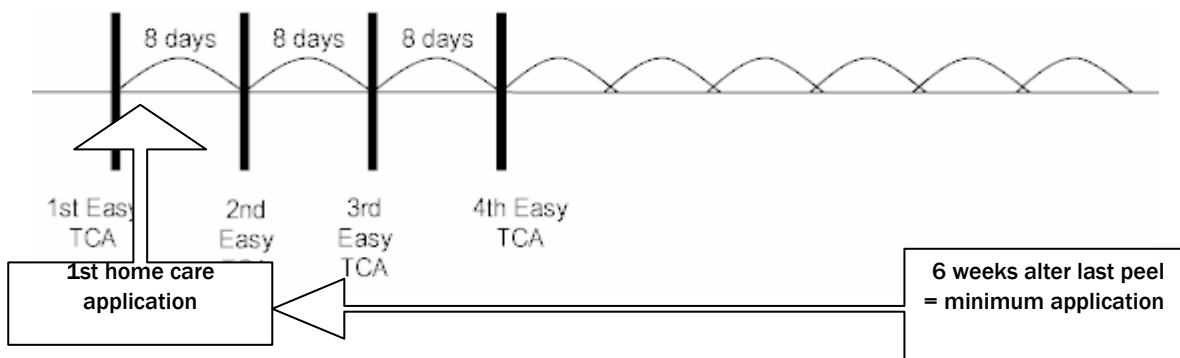
Repeating the peels correctly ensures good results and reduces the risk of complications

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The doctor decides on the interval between peels depending on the condition of the skin.

Minimum time between 2 peels: 5 days (less than 5 days: danger of the peel being too deep)

Maximum time between 2 peels: 15 days (more than 15 days: less satisfactory results)



MAINTENANCE TREATMENT

- Wash the skin with Skin Tech Cleanser®
- Cleanse the skin once a month
- Repeat 4 Easy TCA® once a year
- Apply Purigel® once or twice a day to maintain results and reduce seborrhea.

PROBLEM-SOLVING

- **Temporary aggravation of the acne:** put the patient on oral antibiotics and continue with the peels.
Antibiotics commonly used: Oxytetracycline (500mg/d); Doxycycline or Minocycline (100-200mg/d); Erythromycin (500 mg 2x/d)
- **Recurrence:** keep up the maintenance treatment, repeat another 4 Easy TCA® or switch to Roaccutane®.
- **The patient is on Isotretinoin:** do not go beyond pinpoint frosting.
- **The patient is on AHAs, Tretinoin, topical Benzoyl Peroxide:** there is a risk of increased penetration, be careful how much Easy TCA® you use: do not go beyond pinpoint frosting.
- **Ineffectiveness:** the results should show after the first few peels. If this is not the case, draw up an aetiological diagnosis and suitable treatment: antibiotics, hormone therapy (cyproterone acetate), Roaccutane®, or a combination of treatments.
- **The patient doesn't want any flaking:** use Easy Phytic® instead of Easy TCA®, with adolescents for example.

PURIFYING® CREAM

Daily care cream for using between peels

Glycolic acid (8%): softens the skin – prevents pores clogging – stimulates epidermal turnover – pH 4

Retinol: tretinoin precursor, drains the pilosebaceous units

Vitamin E: tocopheryl acetate: anti-free radical, breaks the vicious cycle of oxidation-inflammation

Glycyrrhetic acid: hydrating, antipruritic, anti-allergic

Triclosan: antiseptic, antiinflammatory, antimycotic

Tea tree oil: extract of an Australian shrub, as effective as benzoyl peroxide but without the pro-oxidant effect.

Antibacterial, antiviral, antimycotic, anti-inflammatory

PURIGEL®

Non-oily gel: long-term care after peels

S-containing acids mixture: reduce the production of sebum

Burdock extracts: direct anti acne action, antiseptic, antiinflammatory, keratolytic

Salicylic acid: direct anti-acne action, avoids pore occlusion

Triclosan: antiseptic, antiinflammatory, antimycotic

Menthol and Camphor: leaves the skin feeling fresh



Easy TCA® KIT



Cleanser



Purifying® cream

* For more details, see the Skin Tech reference manual (The White Book) or go to www.skintech.info