

MEDICAL RECORD OF STRETCH MARK TREATMENT

PATIENT'S NAME:

TREATMENT DATES:

Weight

Type of stretch marks : at START of treatment: I - II a - II b - III a - III b - IV
Cause of stretch marks : Pregnancy – Breast-feeding - Growth - Sport – Weight change - Other :
Age of stretch marks treated 1 month ---- 1 year ---- 5 years ---- 10 years ---- 20 years or +
Photograph before treatment: yes / no **Firmness of skin :** Flabby ----- Normal ----- Firm
Depth of stretch marks : 0mm ----- 1mm ----- 2mm **Width of stretch marks :** 1mm ----- 1cm ----- 2cm

PRE PEEL

Blending Bleaching Pre-peel : yes / no duration : 1 - 2 - 3 weeks "enriched" BnB
Pre-peel analgesic : yes / no name of analgesic :

PEELING

1	2	3	4	5	6
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DISINFECTION with alcohol and acetone, leave to drive

1	2	3	4	5	6
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SAND ABRASION gentle on the whole area to be treated

G	G	G	G	G	G
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Grade of sand abrasion : Grade 1 (no blood) , G 2 (first spots of blood), G 3 (lot of blood)
 Sandpaper from "Skin Tech abrasion kit", sterilized with gamma rays: yes - no
 Other sandpaper: Which: Sterilized / not sterilized
 Type of sterilization used:

1	2	3	4	5	6
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PHOTOGRAPH of abraded areas before applying peel solution

1	2	3	4	5	6
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ANAESTHESIA OCLUSION

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 (in minutes)
 Gauze pad soaked in lidocaine 1% - 2% With adrenaline (0.1 mg adrenaline/10 ml lidocaine) or Without adrenaline

1	2	3	4	5	6
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 Easy TCA **SOLUTION** **PHOTOGRAPHI** of frosting
 Applicator: type of applicator: cotton bud other:
 Intensity of Pain 0 | | | +++
 Intensity of Frosting (Cloudy) – Even pink-white – (Pure white – Gray-white)

1	2	3	4	5	6
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 Easy TCA post-peel **CREAM** under impermeable occlusion
 Apply the post-peel cream (one "line" of cream per 10 cm x 10 cm of surface area treated)

POST-PEEL

1	2	3	4	5	6
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REMOVAL of occlusive dressing after

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 (in hours)
 Photograph before application of subgallate

1	2	3	4	5	6
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Bismuth SUBGALLATE
 Silicone sheet: yes / no Type Mepitel® (Mölnlycke?) other:
 Vaseline® on the silicone sheet: yes / no
 Type of protective gauze used:

1	2	3	4	5	6
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CHECK-UP DAY 3 antibiotic treatment?
 Photograph – application of silicone sheet – Vaseline® - protective dressing yes / no – Infection yes / no
 Antibiotic treatment yes / no Name of antibiotic and daily dose:

1	2	3	4	5	6
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CHECK-UP DAY 5 antibiotic treatment?
 Photograph – application of silicone sheet – Vaseline® - protective dressing yes / no – Infection yes / no
 Antibiotic treatment yes / no Name of antibiotic and daily dose:

1	2	3	4	5	6
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Skin Tech® post-peel care after day 7 – 8
 Blending Bleaching® cream & Melablock HSP® 50+ Start date.... Amount used....
 Renutriv ACE lipoic complex® Start date.... Amount used....
 DHEA Phyto® Start date.... Amount used....
 Other daily care:

EVOLUTION

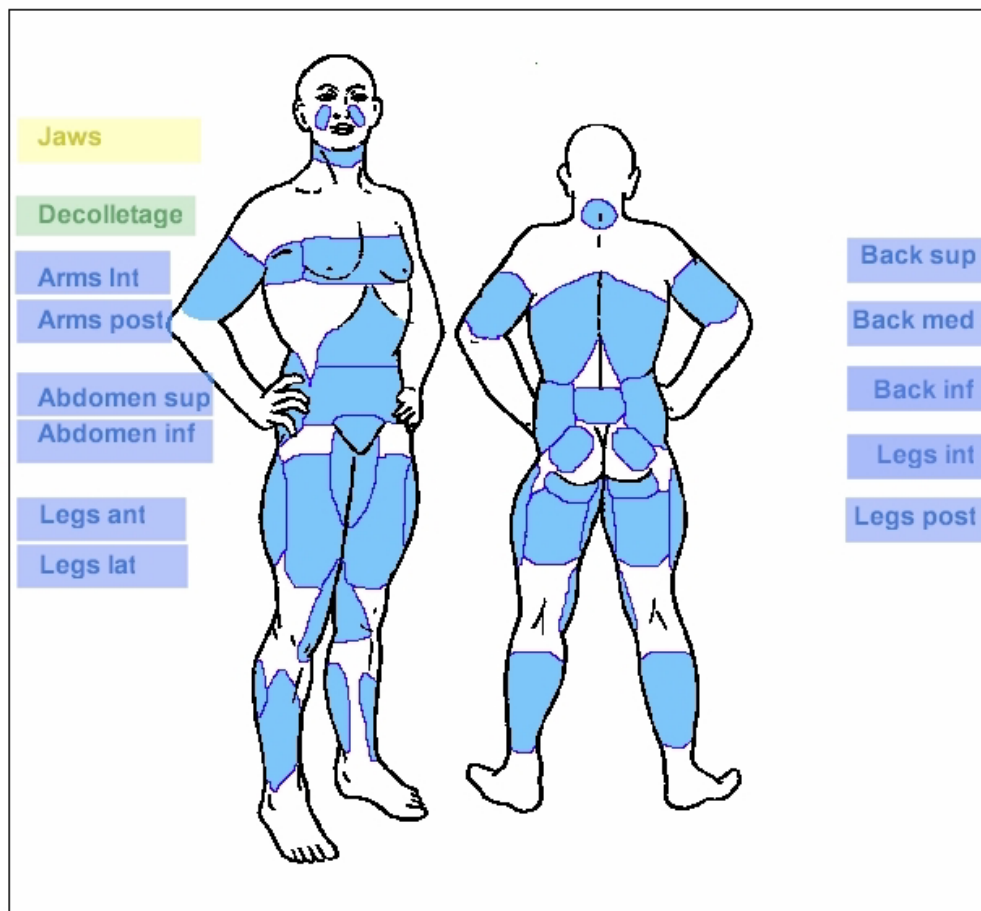
Improvement in stretch marks since previous treatment
 Between 1 and 2 0 | | | completely gone
 Between 2 and 3 0 | | | completely gone
 Between 3 and 4 0 | | | completely gone
 Between 4 and 5 0 | | | completely gone
 Between 5 and 6 0 | | | completely gone

Improvement in stretch marks since beginning of treatment
 According to patient 0 | | | completely gone
 According to doctor 0 | | | completely gone

Classification of stretch marks (Deprez-Adatto)

Stage 1	Red - Inflammatory		Recent developing stretch marks
Stage 2 B	Ladder rungs (-)	Non palpable depression	Superficial white stretch marks
Stage 2 B		Palpable depression	
Stage 3 A	Ladder rungs (+)	Less than 1 cm wide	Stretch marks with atrophic base
Stage 3 B		Less than 1 cm wide	Stretch marks with atrophic, pearl-white base
Stage 4	Ladder rungs (++)	More than 1 cm wide	Stretch marks with atrophic, pearl-white base

Position of stretch marks



END OF TREATMENT

Photograph after treatment: yes / no
 Depth of stretch marks: 0mm ----- 1mm ----- 2mm
 Type of stretch marks: END of treatment: I - II a - II b - III a - III b - IV
 Firmness of skin: Flabby ----- Normal ----- Firm
 Width of stretch marks: 1mm ----- 1cm ----- 2cm